# Meditations in the Psalms

The Lord is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, And with my song I will praise Him.

#### **FOREWORD**

**Meditations in the Psalms** has been written for ANYONE to use in daily devotions. Meditate upon the Psalms. Memorize them. Learn them so well by heart that they will come to your mind to help you in time of NEED. It is good to get alone with God and talk to Him in prayer. It is also good to be quiet before Him and let Him talk to you.

Many of the Psalms express not only praise to God but also prayers of the heart. As you read them, take a pencil or pen and draw a line under the words that help you to pray. Then TAKE THOSE WORDS and MAKE THEM THE PRAYERS OF YOUR HEART. Pray earnestly to God and He WILL HEAR YOU.

# **HOW TO PRAY**

- 1. Pray to God first thing in the morning, at noon, in the evening, or at ANYTIME. "My voice You shall hear in the morning, O LORD; in the morning I will direct it to You, and I will look up" (Psalm 5:3). "Evening and morning and at noon I will pray, and cry aloud, and He shall hear my voice" (Psalm 55:17).
- 2. We are to wait upon the Lord and listen to Him speaking to our hearts. This will give us strength to be overcomers. "Wait on the Lord; be of good courage, and He shall strengthen your heart; wait, I say, on the Lord!" (Psalm 27:14). "...those who wait on the Lord shall renew their strength..." (Isaiah 40:31).

(continued on inside back cover)

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# PSALM 1. THE RIGHTEOUS AND THE WICKED CONTRASTED



Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful; but his delight is in the law of the LORD, and in His law he meditates day and night. He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper. The ungodly are not so, but are like the chaff which the wind drives away. Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous. For the LORD knows the way of the righteous, but the way of the ungodly shall perish.

#### **SOMETHING TO THINK ABOUT**

A. A blessing from the Lord is upon the person who neither follows the advice of wicked people nor goes with them to do sins with them

- B. A good person or righteous person loves to do the will of God. He delights in pleasing God; he likes to think of ways in which he can please God at all times.
- C. A tree that is well taken care of and gets lots of water always bears lots of good fruit and is a joy to the owner of it. A righteous person is like this tree. He also brings joy to the Lord and is a blessing to the people around him.
- D. The Lord knows everyone who is living a righteous life and will watch over them, but the wicked people will be lost. They will perish.

# PSALM 2. THE MESSIAH'S TRIUMPH AND KINGDOM

Why do the nations rage, and the people plot a vain thing? The kings of the earth set themselves, and the rulers take counsel together, against the LORD and against His Anointed, saying, "Let us break Their bonds in pieces and cast away Their cords from us." He who sits in the heavens shall laugh; the LORD shall hold them in derision. Then He shall speak to them in His wrath, and distress them in His deep displeasure: "Yet I have set My King on My holy hill of Zion." "I will declare the decree: The LORD has said to Me, 'You are My Son, today I have begotten You. Ask of Me, and I will give You the nations for Your inheritance, and the ends of the earth for Your possession. You shall break them with a rod of iron; You shall dash them to pieces like a potter's vessel." Now therefore, be wise, O kings; be instructed, you judges of the earth. Serve the LORD with fear, and rejoice with trembling. Kiss the Son, lest He be angry, and you perish in the way, when His wrath is kindled but a little. Blessed are all those who put their trust in Him.

## SOMETHING TO THINK ABOUT

God has a Son, Jesus, to whom He has given dominion over the nations.

Therefore God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

—Philippians 2:9-11

#### **PSALM 3. A PRAYER FOR PROTECTION**

LORD, how they have increased who trouble me! Many are they who rise up against me. Many are they who say of me, "There is no help for him in God." Selah. But You, O LORD, are a shield for me, my glory and the One who lifts up my head. I cried to the LORD with my voice, and He heard me from His holy hill. Selah. I lay down and slept; I awoke, for the LORD sustained me. I will not be afraid of ten thousands of people who have set themselves against me all around. Arise, O LORD; save me, O my God! for You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly. Salvation belongs to the LORD. Your blessing is upon Your people. Selah.

# **PSALM 4. AN EVENING PRAYER**

Hear me when I call, O God of my righteousness! You have relieved me in my distress; have mercy on me, and hear my prayer. How long, O you sons of men, will you turn my glory to shame? How long will you love worthlessness and seek falsehood? Selah. But know that the LORD has set apart for Himself him who is godly; the LORD will hear when I call to Him. Be angry, and do not sin. Meditate within your

heart on your bed, and be still. Selah. Offer the sacrifices of righteousness, and put your trust in the LORD. There are many who say, "Who will show us any good?" LORD, lift up the light of Your countenance upon us. You have put gladness in my heart, more than in the season that their grain and wine increased. I will both lie down in peace, and sleep; for You alone, O LORD, make me dwell in safety.



# **SOMETHING TO THINK ABOUT**

"...deliverance is of the LORD."

-Proverbs 21:31b

# **PSALM 5. A MORNING PRAYER FOR PROTECTION**

Give ear to my words, O LORD, consider my meditation. Give heed to the voice of my cry, my King and my God, for to You I will pray. My voice You shall hear in the morning, O LORD; in the morning I will direct it to You, and I will look up. For You are not a God who takes pleasure in wickedness, nor shall evil dwell with You. The boastful shall not stand in Your sight; You hate all workers of iniquity. You shall destroy

those who speak falsehood; the LORD abhors the blood-thirsty and deceitful man. But as for me, I will come into Your house in the multitude of Your mercy; in fear of You I will worship toward Your holy temple. Lead me, O LORD, in Your righteousness because of my enemies; make Your way straight before my face. For there is no faithfulness in their mouth; their inward part is destruction; their throat is an open tomb; they flatter with their tongue. Pronounce them guilty, O God! Let them fall by their own counsels; cast them out in the multitude of their transgressions, for they have rebelled against You. But let all those rejoice who put their trust in You; let them ever shout for joy, because You defend them; let those also who love Your name be joyful in You. For You, O LORD, will bless the righteous; with favor You will surround him as with a shield.

# **PSALM 7. A PRAYER FOR GOD'S JUDGMENT**

(Psalm 7:9-17)

Oh, let the wickedness of the wicked come to an end, but establish the just; for the righteous God tests the hearts and minds. My defense is of God, who saves the upright in heart. God is a just judge, and God is angry with the wicked every day. If he does not turn back, He will sharpen His sword; He bends His bow and makes it ready. He also prepares for Himself instruments of death; He makes His arrows into fiery shafts. Behold, the wicked brings forth iniquity; yes, he conceives trouble and brings forth falsehood. He made a pit and dug it out, and has fallen into the ditch which he made. His trouble shall return upon his own head, and his violent dealing shall come down on his own crown. I will praise the LORD according to His righteousness, and will sing praise to the name of the LORD Most High.

#### **SOMETHING TO THINK ABOUT**

God wants us to turn from our sins. Isaiah 55, verse 7, says, "Let the wicked forsake his way, and the unrighteous man his thoughts; let him return to the LORD, and He will have mercy on him; and to our God, for He will abundantly pardon."

# PSALM 8. WHY GOD MADE US AND OUR PLACE IN CREATION

O LORD, our Lord, how excellent is Your name in all the earth, who have set Your glory above the heavens! Out of the mouth of babes and nursing infants You have ordained strength, because of Your enemies, that You may silence the enemy and the avenger. When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained, what is man that You are mindful of him, and



the son of man that You visit him? For You have made him a little lower than the angels, and You have crowned him with glory and honor. You have made him to have dominion over the works of Your hands; You have put all things under his feet, all sheep and oxen—even the beasts of the field, the birds of the air, and the fish of the sea that pass through the paths of the seas. O LORD, our Lord, how excellent is Your name in all the earth!

#### **SOMETHING TO REMEMBER**

No matter how poor we may be, if our heart is right with God, He will remember us and give us a home in heaven. Psalm 140, verses 12 and 13: "I know that the LORD will maintain the cause of the afflicted, and justice for the poor. Surely the righteous shall give thanks to Your name; the upright shall dwell in Your presence."

# PSALM 12. WHAT GOD SAYS ABOUT SPEAKING PROUD AND VAIN WORDS

Help, LORD, for the godly man ceases! For the faithful disappear from among the sons of men. They speak idly everyone with his neighbor; with flattering lips and a double heart they speak. May the LORD cut off all flattering lips, and the tongue that speaks proud things, who have said, "With our tongue we will prevail; our lips are our own; who is lord over us?" "For the oppression of the poor, for the sighing of the needy, now I will arise," says the LORD; "I will set him in the safety for which he yearns." The words of the LORD are pure words, like silver tried in a furnace of earth, purified seven times. You shall keep them, O LORD, You shall preserve them from this generation forever. The wicked prowl on every side, when vileness is exalted among the sons of men.

#### **SOMETHING TO THINK ABOUT**

The tongue is a little member of our body but capable of great and terrible things. Read James 3 below:

My brethren, let not many of you become teachers, knowing that we shall receive a stricter judgment. For we all stumble in many things. If anyone does not stumble in word, he is a perfect man, able also to bridle the whole body. Indeed, we put bits in horses' mouths that they may obey us, and we turn their whole body. Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires. Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles!

And the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell. For every kind of beast and bird, of reptile and creature of the sea, is tamed and has been tamed by mankind. But no man can tame the tongue. It is an unruly evil, full of deadly poison. With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so. Does a spring send forth fresh water and bitter from the same opening? Can a fig tree, my brethren, bear olives, or a grapevine bear figs? Thus no spring yields both salt water and fresh.

Who is wise and understanding among you? Let him show by good conduct that his works are done in the meekness of wisdom. But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth. This wisdom does not descend from above, but is earthly, sensual, demonic. For where envy and self-seeking exist, confusion and every evil thing are there. But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy. Now the fruit of righteousness is sown in peace by those who make peace.

# PSALM 14. THERE ARE MANY EVIL MEN IN THE WORLD TODAY

The fool has said in his heart, "There is no God." They are corrupt, they have done abominable works, there is none who does good. The LORD looks down from heaven upon the children of men, to see if there are any who understand, who seek God. They have all turned aside, they have together become corrupt; there is none who does good, no, not one. Have all the workers of iniquity no knowledge, who eat up my people as they eat bread, and do not call on the LORD? There they are in great fear, for God is with the generation of the righteous. You shame the counsel of the poor, but the LORD is his refuge. Oh, that the salvation of Israel would come out of Zion! When the LORD brings back the captivity of His people, let Jacob rejoice and Israel be glad.

## SOMETHING TO THINK ABOUT

Any person who says there is no God is truly a fool in every sense of the word, for the Bible tells us that even the devils believe and tremble! Read James 2:19. It says, You believe that there is one God. You do well. Even the demons believe—and tremble!

# PSALM 15. THE CHARACTER OF THE GODLY PERSON

LORD, who may abide in Your tabernacle?

Who may dwell in Your holy hill?

He who walks uprightly, and works righteousness, and speaks the truth in his heart; he who does not backbite with his tongue, nor does evil to his neighbor, nor does he take up a reproach against his friend; in whose eyes a vile person is despised, but he honors those who fear the LORD; he who swears to his own hurt and does not change; he who does not put out his money at usury, nor does he take a bribe against the innocent. He who does these things shall never be moved.

#### SOMETHING TO THINK ABOUT

Do our lives measure up to all the things required in Psalm 15 for a godly, holy life? There are eleven things mentioned here that tell WHO may dwell in God's holy hill:

- He who walks uprightly.
- 2. He who works righteousness.
- 3. He who speaks the truth in his heart.
- 4. He who does not backbite with his tongue.
- 5. He who does no evil to his neighbor.
- 6. He who does not take up a reproach against his friend.
- 7. He who despises a vile person.
- 8. He who honors or respects those who fear the Lord.
- He who keeps his promises and does not change even though it may mean a loss to him.
- 10. He who does not put out his money on high interest.
- 11. He who does not take any reward against the innocent.

The Psalm ends like this: **He who does these things** shall never be moved.

# PSALM 16. PRAYER AND PRAISE FOR ALL PRESENT BLESSINGS AS WELL AS FUTURE DELIVERANCE

Preserve me. O God, for in You I put my trust. O my soul. you have said to the LORD, "You are my Lord, my goodness is nothing apart from You." As for the saints who are on the earth. "They are the excellent ones, in whom is all my delight." Their sorrows shall be multiplied who hasten after another god: their drink offerings of blood I will not offer, nor take up their names on my lips. O LORD. You are the portion of my inheritance and my cup: You maintain my lot. The lines have fallen to me in pleasant places; ves. I have a good inheritance. I will bless the LORD who has given me counsel; my heart also instructs me in the night seasons. I have set the LORD always before me: because He is at my right hand I shall not be moved. Therefore my heart is glad, and my glory rejoices: my flesh also will rest in hope. For You will not leave my soul in Sheol, nor will You allow Your Holy One to see corruption. You will show me the path of life: in Your presence is fullness of joy; at Your right hand are pleasures forevermore.

"BECAUSE HE LIVES WE TOO SHALL LIVE"

## **PSALM 17. GOD IS A REFUGE FROM OPPRESSORS**

Hear a just cause, O LORD, attend to my cry; give ear to my prayer which is not from deceitful lips. Let my vindication come from Your presence; let Your eyes look on the things that are upright. You have tested my heart; You have visited me in the night; You have tried me and have found nothing; I have purposed that my mouth shall not transgress. Concerning the works of men, by the word of Your lips, I

have kept away from the paths of the destroyer. Uphold my steps in Your paths, that my footsteps may not slip. I have called upon You, for You will hear me, O God; incline Your ear to me, and hear my speech. Show Your marvelous lovingkindness by Your right hand, O You who save those who trust in You from those who rise up against them. Keep me as the apple of Your eye; hide me under the shadow of Your wings, from the wicked who oppress me, from my deadly enemies who surround me. They have closed up their fat hearts; with their mouths they speak proudly. They have now surrounded us in our steps; they have set their eyes, crouching down to the earth, as a lion is eager to tear his prey, and like a young lion lurking in secret places. Arise, O LORD, confront him, cast him down; deliver my life from the wicked with Your sword, with Your hand from men, O LORD, from men of the world who have their portion in this life, and whose belly You fill with Your hidden treasure. They are satisfied with children, and leave the rest of their possession for their babes. As for me. I will see Your face in righteousness: I shall be satisfied when I awake in Your likeness.

# PSALM 19. THE HEAVENS DECLARE GOD'S GLORY; HIS LAW IS HIGHLY DESIRABLE

The heavens declare the glory of God; and the firmament shows His handiwork. Day unto day utters speech, and night unto night reveals knowledge. There is no speech nor language where their voice is not heard. Their line has gone out through all the earth, and their words to the end of the world. In them He has set a tabernacle for the sun, which is like a bridegroom coming out of his chamber, and rejoices like a strong man to run its race. Its rising is from one end of

heaven, and its circuit to the other end; and there is nothing hidden from its heat. The law of the LORD is perfect, converting the soul; the testimony of the LORD is sure, making wise the simple; the statutes of the LORD are right, rejoicing the heart; the commandment of the LORD is pure, enlightening the eyes; the fear of the LORD is clean, enduring forever; the judgments of the LORD are true and righteous altogether. More to be desired are they than gold, yea, than much fine gold; sweeter also than honey and the honeycomb. Moreover by them Your servant is warned, and in keeping them there is great reward. Who can understand his errors? Cleanse me from secret faults. Keep back Your servant also from presumptuous sins; let them not have dominion over me. Then I shall be blameless, and I shall be innocent of great transgression. Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O LORD, my strength and my Redeemer.



# PSALM 22. THE SUFFERING, PRAISE, AND POSTERITY OF THE MESSIAH

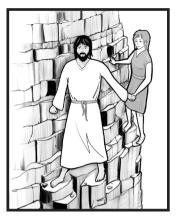
My God. My God. why have You forsaken Me? Why are You so far from helping Me, and from the words of My groaning? O My God, I cry in the daytime, but You do not hear; and in the night season, and am not silent. But You are holy, enthroned in the praises of Israel. Our fathers trusted in You: they trusted, and You delivered them. They cried to You, and were delivered: they trusted in You, and were not ashamed. But I am a worm, and no man; a reproach of men, and despised by the people. All those who see Me ridicule Me; they shoot out the lip, they shake the head, saving, "He trusted in the LORD, let Him rescue Him; let Him deliver Him, since He delights in Him!" But You are He who took Me out of the womb; You made Me trust while on My mother's breasts. I was cast upon You from birth. From My mother's womb You have been My God. Be not far from Me, for trouble is near; for there is none to help. Many bulls have surrounded Me; strong bulls of Bashan have encircled Me. They gape at Me with their mouths, like a raging and roaring lion. I am poured out like water, and all My bones are out of joint; My heart is like wax; it has melted within Me. My strength is dried up like a potsherd, and My tongue clings to My jaws; You have brought Me to the dust of death. For dogs have surrounded Me; the congregation of the wicked has enclosed Me. They pierced My hands and My feet; I can count all My bones. They look and stare at Me. They divide My garments among them, and for My clothing they cast lots. But You, O LORD, do not be far from Me; O My Strength, hasten to help Me! Deliver Me from the sword, My precious life from the power of the dog. Save Me from the lion's mouth and from the horns of the wild oxen! You have answered Me. I will declare Your name to My brethren; in the midst of the assembly I will praise You. You who fear the LORD, praise Him! All you descendants of Jacob, glorify Him, and fear Him, all you offspring of Israel! For He has not despised nor abhorred the affliction of the afflicted: nor has He hidden His face from Him; but when He cried to Him, He heard. My praise shall be of You in the great assembly; I will pay My vows before those who fear Him. The poor shall eat and be satisfied; those who seek Him will praise the LORD. Let your heart live forever! All the ends of the world shall remember and turn to the LORD, and all the families of the nations shall worship before You. For the kingdom is the LORD's, and He rules over the nations. All the prosperous of the earth shall eat and worship; all those who go down to the dust shall bow before Him, even he who cannot keep himself alive. A posterity shall serve Him. It will be recounted of the Lord to the next generation, they will come and declare His righteousness to a people who will be born, that He has done this.

#### SOMETHING TO THINK ABOUT

The Messiah is Jesus Christ. Compare Psalm 22 with the prophecies in Isaiah 53.

#### **PSALM 23. THE LORD IS MY SHEPHERD**

The LORD is my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul; He leads me in the paths of righteousness for His name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my



enemies; You anoint my head with oil: my cup runs over. Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the LORD forever

# **THOUGHT**

The Lord is ever present with those who trust in Him. "...lo. I am with you always. even to the end of the age." -Matthew 28:20

# PSALM 24. THE KING OF GLORY AND HIS KINGDOM

The earth is the LORD's, and all its fullness, the world and those who dwell therein. For He has founded it upon the seas, and established it upon the waters. Who may ascend into the hill of the LORD? or who may stand in His holy place? He who has clean hands and a pure heart, who has not lifted up his soul to an idol, nor sworn deceitfully. He shall receive blessing from the LORD, and righteousness from the God of his salvation. This is Jacob, the generation of those who seek Him, who seek Your face. Selah. Lift up your heads, O you gates! and be lifted up, you everlasting doors! and the King of glory shall come in. Who is this King of glory? The LORD strong and mighty, the LORD mighty in battle. Lift up your heads, O you gates! Lift up, you everlasting doors! and the King of glory shall come in. Who is this King of glory? The LORD of hosts, He is the King of glory. Selah.

## **SOMETHING TO REMEMBER**

The King of Glory is the Lord Jesus Christ. If we want to go dwell in His Holy Place we must be sure to have clean hands and a pure heart. Our hearts must not be lifted up in pride.

If we ask the Lord, He can give us clean hands and a pure heart.

# PSALM 25. A PRAYER FOR GUIDANCE AND PARDON

To You, O LORD, I lift up my soul, O my God, I trust in You: let me not be ashamed; let not my enemies triumph over me. Indeed, let no one who waits on You be ashamed; let those be ashamed who deal treacherously without cause. Show me Your ways, O LORD; teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation; on You I wait all the day. Remember, O LORD, Your tender mercies and Your lovingkindnesses, for they are from of old. Do not remember the sins of my youth, nor my transgressions; according to Your mercy remember me, for Your goodness' sake, O LORD. Good and upright is the LORD; therefore He teaches sinners in the way. The humble He guides in justice, and the humble He teaches His way. All the paths of the LORD are mercy and truth, to such as keep His covenant and His testimonies. For Your name's sake, O LORD, pardon my iniquity, for it is great. Who is the man that fears the LORD? Him shall He teach in the way He chooses. He himself shall dwell in prosperity, and his descendants shall inherit the earth. The secret of the LORD is with those who fear Him, and He will show them His covenant. My eyes are ever toward the LORD, for He shall pluck my feet out of the net. Turn Yourself to me, and have mercy on me, for I

am desolate and afflicted. The troubles of my heart have enlarged; bring me out of my distresses! Look on my affliction and my pain, and forgive all my sins. Consider my enemies, for they are many; and they hate me with cruel hatred. Keep my soul, and deliver me; let me not be ashamed, for I put my trust in You. Let integrity and uprightness preserve me, for I wait for You. Redeem Israel, O God, out of all their troubles!

# **PSALM 26. MEDITATION BEFORE DIVINE WORSHIP**

Vindicate me, O LORD, for I have walked in my integrity. I have also trusted in the LORD: I shall not slip. Examine me. O LORD, and prove me: try my mind and my heart. For Your lovingkindness is before my eyes, and I have walked in Your truth. I have not sat with idolatrous mortals, nor will I go in with hypocrites. I have hated the assembly of evildoers, and will not sit with the wicked. I will wash my hands in innocence; so I will go about Your altar, O LORD, that I may proclaim with the voice of thanksgiving, and tell of all Your wondrous works. LORD, I have loved the habitation of Your house, and the place where Your glory dwells. Do not gather my soul with sinners, nor my life with bloodthirsty men, in whose hands is a sinister scheme, and whose right hand is full of bribes. But as for me. I will walk in my integrity: redeem me and be merciful to me. My foot stands in an even place: in the congregations I will bless the LORD.

# **PSALM 27. A SONG OF TRUST AND DELIVERANCE**

The LORD is my light and my salvation; whom shall I fear? the LORD is the strength of my life; of whom shall I be afraid? When the wicked came against me to eat up my flesh, my enemies and foes, they stumbled and fell. Though an army may encamp against me, my heart shall not fear; though war

may rise against me, in this I will be confident. One thing I have desired of the LORD, that will I seek: that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to inquire in His temple. For in the time of trouble He shall hide me in His pavilion; in the secret place of His tabernacle He shall hide me; He shall set me high upon a rock. And now my head shall be lifted up above my enemies all around me: therefore I will offer sacrifices of joy in His tabernacle; I will sing, yes, I will sing praises to the LORD. Hear, O LORD, when I cry with my voice! Have mercy also upon me, and answer me. When You said, "Seek My face," my heart said to You, "Your face, LORD, I will seek." Do not hide Your face from me; do not turn Your servant away in anger; You have been my help; do not leave me nor forsake me, O God of my salvation. When my father and my mother forsake me, then the LORD will take care of me. Teach me Your way, O LORD, and lead me in a smooth path, because of my enemies. Do not deliver me to the will of my adversaries; for false witnesses have risen against me, and such as breathe out violence. I would have lost heart, unless I had believed that I would see the goodness of the LORD in the land of the living. Wait on the LORD; be of good courage, and He shall strengthen your heart; wait, I say, on the LORD!

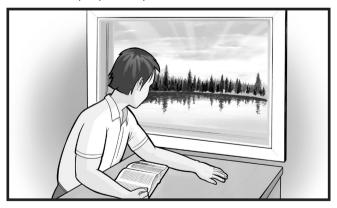
#### SOMETHING TO REMEMBER

We can receive strength to overcome all evil if we wait in prayer before the Lord and take courage. We must trust God to help us.

#### **PSALM 29. THE VOICE OF THE LORD**

Give unto the LORD, O you mighty ones, give unto the LORD glory and strength. Give unto the LORD the glory due

to His name; worship the LORD in the beauty of holiness. The voice of the LORD is over the waters; the God of glory thunders; the LORD is over many waters. The voice of the LORD is powerful; the voice of the LORD is full of majesty. The voice of the LORD breaks the cedars, yes, the LORD splinters the cedars of Lebanon. He makes them also skip like a calf, Lebanon and Sirion like a young wild ox. The voice of the LORD divides the flames of fire. The voice of the LORD shakes the wilderness; the LORD shakes the Wilderness of Kadesh. The voice of the LORD makes the deer give birth, and strips the forests bare; and in His temple everyone says, "Glory!" The LORD sat enthroned at the flood, and the LORD sits as King forever. The LORD will give strength to His people; the LORD will bless His people with peace.



**OBEY THE VOICE OF THE LORD** 

"The LORD our God we will serve, and His voice we will obey!"

—Joshua 24:24b

## PSALM 31. THE LORD IS A FORTRESS IN ADVERSITY

In You, O LORD, I put my trust; let me never be ashamed; deliver me in Your righteousness. Bow down Your ear to me, deliver me speedily; be my rock of refuge, a fortress of defense to save me. For You are my rock and my fortress; therefore, for Your name's sake, lead me and guide me. Pull me out of the net which they have secretly laid for me, for You are my strength. Into Your hand I commit my spirit; You have redeemed me, O LORD God of truth. I have hated those who regard useless idols; but I trust in the LORD. I will be glad and rejoice in Your mercy, for You have considered my trouble; You have known my soul in adversities, and have not shut me up into the hand of the enemy: You have set my feet in a wide place. Have mercy on me. O LORD, for I am in trouble; my eye wastes away with grief, yes, my soul and my body! For my life is spent with grief, and my years with sighing; my strength fails because of my iniquity, and my bones waste away. I am a reproach among all my enemies. but especially among my neighbors, and am repulsive to my acquaintances; those who see me outside flee from me. I am forgotten like a dead man, out of mind; I am like a broken vessel. For I hear the slander of many; fear is on every side; while they take counsel together against me, they scheme to take away my life. But as for me, I trust in You, O LORD; I say, "You are my God." My times are in Your hand; deliver me from the hand of my enemies, and from those who persecute me. Make Your face shine upon Your servant: save me for Your mercies' sake. Do not let me be ashamed, O LORD, for I have called upon You; let the wicked be ashamed; let them be silent in the grave. Let the lying lips

be put to silence, which speak insolent things proudly and contemptuously against the righteous. Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You in the presence of the sons of men! You shall hide them in the secret place of Your presence from the plots of man; You shall keep them secretly in a pavilion from the strife of tongues. Blessed be the LORD, for He has shown me His marvelous kindness in a strong city! For I said in my haste, "I am cut off from before Your eyes"; nevertheless You heard the voice of my supplications when I cried out to You. Oh, love the LORD, all you His saints! for the LORD preserves the faithful, and fully repays the proud person. Be of good courage, and He shall strengthen your heart, all you who hope in the LORD.

#### SOMETHING TO REMEMBER

Be of good courage, and the Lord will strengthen your heart.

#### **PSALM 32. BLESSEDNESS OF THE FORGIVEN**

Blessed is he whose transgression is forgiven, whose sin is covered. Blessed is the man to whom the LORD does not impute iniquity, and in whose spirit there is no deceit. When I kept silent, my bones grew old through my groaning all the day long. For day and night Your hand was heavy upon me; my vitality was turned into the drought of summer. Selah. I acknowledged my sin to You, and my iniquity I have not hidden. I said, "I will confess my transgressions to the LORD," and You forgave the iniquity of my sin. Selah. For this cause everyone who is godly shall pray to You in a time when You may be found; surely in a flood of great waters they shall not come near him. You are my hiding place; You shall preserve



me from trouble; You shall surround me with songs of deliverance. Selah. I will instruct you and teach you in the way you should go; I will guide you with My eye. Do not be like the horse or like the mule, which have no understanding, which must be harnessed with bit and bridle, else they will not come near you. Many sorrows shall be to the wicked; but he who trusts in the LORD, mercy shall surround him. Be glad in the LORD and rejoice, you righteous; and shout for joy, all you upright in heart!

# PSALM 33. A SONG OF THE BLESSED PEOPLE

Rejoice in the LORD, O you righteous! for praise from the upright is beautiful. Praise the LORD with the harp; make melody to Him with an instrument of ten strings. Sing to Him a new song; play skillfully with a shout of joy. For the word of the LORD is right, and all His work is done in truth. He loves righteousness and justice; the earth is full of the goodness of the LORD. By the word of the LORD the heavens were made, and all the host of them by the breath of His mouth.

He gathers the waters of the sea together as a heap; He lays up the deep in storehouses. Let all the earth fear the LORD: let all the inhabitants of the world stand in awe of Him. For He spoke, and it was done; He commanded, and it stood fast. The LORD brings the counsel of the nations to nothing; He makes the plans of the peoples of no effect. The counsel of the LORD stands forever, the plans of His heart to all generations. Blessed is the nation whose God is the LORD, the people He has chosen as His own inheritance. The LORD looks from heaven; He sees all the sons of men. From the place of His dwelling He looks on all the inhabitants of the earth; He fashions their hearts individually; He considers all their works. No king is saved by the multitude of an army; a mighty man is not delivered by great strength. A horse is a vain hope for safety; neither shall it deliver any by its great strength. Behold, the eye of the LORD is on those who fear Him, on those who hope in His mercy, to deliver their soul from death, and to keep them alive in famine. Our soul waits for the LORD; He is our help and our shield. For our heart shall rejoice in Him, because we have trusted in His holy name. Let Your mercy, O LORD, be upon us, just as we hope in You

# PSALM 34. THE TESTIMONY OF THE SAVED MAN

I will bless the LORD at all times; His praise shall continually be in my mouth. My soul shall make its boast in the LORD; the humble shall hear of it and be glad. Oh, magnify the LORD with me, and let us exalt His name together. I sought the LORD, and He heard me, and delivered me from all my fears. They looked to Him and were radiant, and their faces were not ashamed. This poor man cried out, and the LORD heard him, and saved him out of all his troubles. The angel

of the LORD encamps all around those who fear Him, and delivers them

Oh, taste and see that the LORD is good; blessed is the man who trusts in Him! Oh, fear the LORD, you His saints! There is no want to those who fear Him. The young lions lack and suffer hunger; but those who seek the LORD shall not lack any good thing. Come, you children, listen to me; I will teach you the fear of the LORD. Who is the man who desires life, and loves many days, that he may see good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil and do good; seek peace and pursue it. The eyes of the LORD are on the righteous, and His ears are open to their cry. The face of the LORD is against those who do evil, to cut off the remembrance of them from the earth. The righteous cry out, and the LORD hears, and delivers them out of all their troubles. The LORD is near to those who have a broken heart, and saves such as have a contrite spirit. Many are the afflictions of the righteous, but the LORD delivers him out of them all. He guards all his bones; not one of them is broken. Evil shall slay the wicked, and those who hate the righteous shall be condemned. The LORD redeems the soul of His servants, and none of those who trust in Him shall be condemned

# **PSALM 37. THE MAN OF FAITH OVERCOMES**

Do not fret because of evildoers, nor be envious of the workers of iniquity. For they shall soon be cut down like the grass, and wither as the green herb. Trust in the LORD, and do good; dwell in the land, and feed on His faithfulness. Delight yourself also in the LORD, and He shall give you the desires of your heart. Commit your way to the LORD, trust also in Him, and He shall bring it to pass. He shall bring

forth your righteousness as the light, and your justice as the noonday. Rest in the LORD, and wait patiently for Him; do not fret because of him who prospers in his way, because of the man who brings wicked schemes to pass. Cease from anger, and forsake wrath; do not fret—it only causes harm. For evildoers shall be cut off; but those who wait on the LORD, they shall inherit the earth. For yet a little while and the wicked shall be no more; indeed, you will look carefully for his place, but it shall be no more. But the meek shall inherit the earth, and shall delight themselves in the abundance of peace.

The wicked plots against the just, and gnashes at him with his teeth. The LORD laughs at him, for He sees that his day is coming. The wicked have drawn the sword and have bent their bow, to cast down the poor and needy, to slay those who are of upright conduct. Their sword shall enter their own heart, and their bows shall be broken. A little that a righteous man has is better than the riches of many wicked. For the arms of the wicked shall be broken, but the LORD upholds the righteous. The LORD knows the days of the upright, and their inheritance shall be forever. They shall not be ashamed in the evil time, and in the days of famine they shall be satisfied. But the wicked shall perish; and the enemies of the LORD, like the splendor of the meadows, shall vanish. Into smoke they shall vanish away. The wicked borrows and does not repay, but the righteous shows mercy and gives. For those blessed by Him shall inherit the earth, but those cursed by Him shall be cut off. The steps of a good man are ordered by the LORD, and He delights in his way. Though he fall, he shall not be utterly cast down; for the LORD upholds him with His hand. I have been young, and now am old; yet I have not seen the righteous forsaken, nor his descendants

begging bread. He is ever merciful, and lends; and his descendants are blessed. Depart from evil, and do good; and dwell forevermore. For the LORD loves justice, and does not forsake His saints; they are preserved forever, but the descendants of the wicked shall be cut off. The righteous shall inherit the land, and dwell in it forever. The mouth of the righteous speaks wisdom, and his tongue talks of justice. The law of his God is in his heart; none of his steps shall slide. The wicked watches the righteous, and seeks to slav him. The LORD will not leave him in his hand, nor condemn him when he is judged. Wait on the LORD, and keep His way, and He shall exalt you to inherit the land: when the wicked are cut off, you shall see it. I have seen the wicked in great power, and spreading himself like a native green tree. Yet he passed away, and behold, he was no more; indeed I sought him, but he could not be found. Mark the blameless man. and observe the upright; for the future of that man is peace.

But the transgressors shall be destroyed together; the future of the wicked shall be cut off. But the salvation of the righteous is from the LORD; He is their strength in the time of trouble. And the LORD shall help them and deliver them; He shall deliver them from the wicked, and save them, because they trust in Him.

# THOUGHT FOR TODAY

"This is the victory that has overcome the world—our faith."
—1 John 5:4b

# PSALM 40. GOD DELIVERS AND UPHOLDS HIS CHILDREN

I waited patiently for the LORD; and He inclined to me, and heard my cry. He also brought me up out of a horrible

pit, out of the miry clay, and set my feet upon a rock, and established my steps. He has put a new song in my mouth—praise to our God; many will see it and fear, and will trust in the LORD. Blessed is that man who makes the LORD his trust, and does not respect the proud, nor such as turn aside to lies. Many, O LORD my God, are Your wonderful works which You have done; and Your thoughts toward us cannot be recounted to You in order; if I would declare and speak of them, they are more than can be numbered. Sacrifice and offering You did not desire; my ears You have opened. Burnt offering and sin offering You did not require. Then I said, "Behold, I come; in the scroll of the book it is written of me. I delight to do Your will, O my God, and Your law is within my heart." I have proclaimed the good news of righteousness in the great assembly; indeed, I do not restrain my lips, O



LORD. You Yourself know. I have not hidden Your riahteousness within my heart: I have declared Your faithfulness and Your salvation: I have not concealed Your lovingkindness and Your truth from the great assembly. Do not withhold Your tender mercies from me, O LORD; let Your lovingkindness and Your truth continually preserve me. For innumerable evils have surrounded me; my iniquities have overtaken me, so that I am not able to look up; they are more than the hairs of my head; therefore my heart fails me. Be pleased, O LORD, to deliver me; O LORD, make haste to help me! Let them be ashamed and brought to mutual confusion who seek to destroy my life; let them be driven backward and brought to dishonor who wish me evil. Let them be confounded because of their shame, who say to me, "Aha, aha!" Let all those who seek You rejoice and be glad in You; let such as love Your salvation say continually, "The LORD be magnified!"

But I am poor and needy; yet the LORD thinks upon me. You are my help and my deliverer; do not delay, O my God.

# PSALM 41. A SPECIAL BLESSING IS UPON THOSE WHO HELP THE POOR AND NEEDY

Blessed is he who considers the poor; the LORD will deliver him in time of trouble. The LORD will preserve him and keep him alive, and he will be blessed on the earth; You will not deliver him to the will of his enemies. The LORD will strengthen him on his bed of illness; You will sustain him on his sickbed. I said. "LORD, be merciful to me; heal my soul, for I have sinned against You." My enemies speak evil of me: "When will he die, and his name perish?" And if he comes to see me, he speaks lies; his heart gathers iniquity to itself; when he goes out, he tells it. All who hate me whisper together against me; against me they devise my hurt. "An evil disease," they say, "clings to him. And now that he lies down, he will rise up no more." Even my own familiar friend in whom I trusted, who ate my bread, has lifted up his heel against me. But You, O LORD, be merciful to me, and raise me up, that I may repay them. By this I know that You are well pleased with me, because my enemy does not triumph

over me. As for me, You uphold me in my integrity, and set me before Your face forever. Blessed be the LORD God of Israel from everlasting to everlasting! Amen and Amen.

## **PSALM 46. GOD IS THE REFUGE OF HIS PEOPLE**

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, even though the earth be removed, and though the mountains be carried into the midst of the sea; though its waters roar and be troubled, though the mountains shake with its swelling. Selah. There is a river whose streams shall make glad the city of God, the holy place of the tabernacle of the Most High. God is in the midst of her, she shall not be moved; God shall help her, just at the break of dawn. The nations raged, the kingdoms were moved; He uttered His voice, the earth melted. The LORD of hosts is with us; the God of Jacob is our refuge. Selah. Come, behold the works of the LORD, who has made desolations in the earth. He makes wars cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariot in the fire.

Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth! The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

# PSALM 50. GOD JUDGES THE WHOLE WORLD

The Mighty One, God the LORD, has spoken and called the earth from the rising of the sun to its going down. Out of Zion, the perfection of beauty, God will shine forth. Our God shall come, and shall not keep silent; a fire shall devour before Him, and it shall be very tempestuous all around Him. He shall call to the heavens from above, and to the earth, that He may judge His people: "Gather My saints together to

Me, those who have made a covenant with Me by sacrifice." Let the heavens declare His righteousness, for God Himself is Judge. Selah. "Hear, O My people, and I will speak, O Israel, and I will testify against you; I am God, your God! I will not rebuke you for your sacrifices or your burnt offerings, which are continually before Me. I will not take a bull from your house, nor goats out of your folds. For every beast of the forest is Mine, and the cattle on a thousand hills. I know all the birds of the mountains, and the wild beasts of the field are Mine. "If I were hungry, I would not tell you; for the world is Mine, and all its fullness. Will I eat the flesh of bulls, or drink the blood of goats?

Offer to God thanksgiving, and pay your vows to the Most High. Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me." But to the wicked God says: "What right have you to declare My statutes, or take My covenant in your mouth, seeing you hate instruction and cast My words behind you? When you saw a thief, you consented with him, and have been a partaker with adulterers. You give your mouth to evil, and your tongue frames deceit. You sit and speak against your brother; you slander your own mother's son. These things you have done, and I kept silent; you thought that I was altogether like you; but I will rebuke you, and set them in order before your eyes. "Now consider this, you who forget God, lest I tear you in pieces, and there be none to deliver: whoever offers praise glorifies Me; and to him who orders his conduct aright I will show the salvation of God."

#### THOUGHT FOR TODAY

God sees all we do; hears all we say; and knows every thought of our heart. God is the only one qualified to be our Judge because He is the Only One Who knows all about us.

## PSALM 51. A PRAYER FOR FORGIVENESS OF SIN AND A CLEAN HEART

(Psalm 51:1-17)

Have mercy upon me, O God, according to Your loving-kindness; according to the multitude of Your tender mercies, blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my transgressions, and my sin is always before me. Against You, You only, have I sinned, and done this evil in Your sight—that You may be found just when You speak, and blameless when You judge. Behold, I was brought forth in iniquity, and in sin my mother conceived me. Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Make me hear joy and gladness, that the bones You have broken may rejoice. Hide Your face from my sins, and blot

out all my iniquities. Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit. Then I will teach transgressors Your ways, and sinners shall be converted to You. Deliver me from the guilt of bloodshed,



O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness. O Lord, open my lips, and my mouth shall show forth Your praise. For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering. The sacrifices of God are a broken spirit, a broken and a contrite heart—these, O God, You will not despise.

# **PSALM 56. A PRAYER TO GOD FOR PROTECTION**

Be merciful to me. O God, for man would swallow me up: fighting all day he oppresses me. My enemies would hound me all day, for there are many who fight against me. O Most High. Whenever I am afraid, I will trust in You. In God (I will praise His word), in God I have put my trust; I will not fear. What can flesh do to me? All day they twist my words; all their thoughts are against me for evil. They gather together, they hide, they mark my steps, when they lie in wait for my life. Shall they escape by iniquity? In anger cast down the peoples, O God! You number my wanderings; put my tears into Your bottle; are they not in Your book? When I cry out to You, then my enemies will turn back; this I know, because God is for me. In God (I will praise His word), in the LORD (I will praise His word), in God I have put my trust: I will not be afraid. What can man do to me? Vows made to You are binding upon me. O God: I will render praises to You, for You have delivered my soul from death. Have You not kept my feet from falling, that I may walk before God in the light of the living?

# PSALM 63. JOY IN THE FELLOWSHIP OF GOD

(Psalm 63:1-8)

O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water. So I have looked for You in

the sanctuary, to see Your power and Your glory. Because Your lovingkindness is better than life, my lips shall praise You. Thus I will bless You while I live; I will lift up my hands in Your name. My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips. When I remember You on my bed, I meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings I will rejoice. My soul follows close behind You; Your right hand upholds me.

#### **PSALM 67. A SONG OF JOY AND PRAISE**

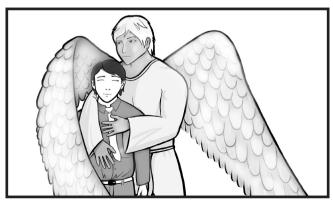
God be merciful to us and bless us, and cause His face to shine upon us, Selah, that Your way may be known on earth, Your salvation among all nations. Let the peoples praise You, O God; let all the peoples praise You. Oh, let the nations be glad and sing for joy! for You shall judge the people righteously, and govern the nations on earth. Selah. Let the peoples praise You, O God; let all the peoples praise You. Then the earth shall yield her increase; God, our own God, shall bless us. God shall bless us, and all the ends of the earth shall fear Him.

# **PSALM 70. A PRAYER FOR HELP**

Make haste, O God, to deliver me! Make haste to help me, O LORD! Let them be ashamed and confounded who seek my life; let them be turned back and confused who desire my hurt. Let them be turned back because of their shame, who say, "Aha, aha!" Let all those who seek You rejoice and be glad in You; and let those who love Your salvation say continually, "Let God be magnified!" But I am poor and needy; make haste to me, O God! You are my help and my deliverer; O LORD, do not delay.

#### PSALM 91. THE SOUL THAT DWELLS IN GOD IS SECURE FROM ALL EVIL

He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress; my God, in Him I will trust." Surely He shall deliver you from the snare of the fowler and from the perilous pestilence. He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler. You shall not be afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday. A thousand may fall at your side, and ten thousand at your right hand; but it shall not come near you. Only with your eyes shall you look, and see the reward of the wicked. Because you have made the LORD, who is my refuge, even the Most High, your dwelling place, no evil shall befall you, nor shall any plague come



near your dwelling; for He shall give His angels charge over you, to keep you in all your ways. In their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample underfoot. "Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. With long life I will satisfy him, and show him My salvation."

# **PSALM 96. ALL NATIONS SHOULD WORSHIP GOD**

Oh, sing to the LORD a new song! Sing to the LORD, all the earth. Sing to the LORD, bless His name; proclaim the good news of His salvation from day to day. Declare His glory among the nations, His wonders among all peoples. For the LORD is great and greatly to be praised; He is to be feared above all gods. For all the gods of the peoples are idols, but the LORD made the heavens. Honor and majesty are before Him; strength and beauty are in His sanctuary. Give to the LORD, O families of the peoples, give to the LORD glory and strength. Give to the LORD the glory due His name; bring an offering, and come into His courts. Oh, worship the LORD in the beauty of holiness! Tremble before Him, all the earth. Say among the nations, "The LORD reigns; the world also is firmly established, it shall not be moved; He shall judge the peoples righteously." Let the heavens rejoice, and let the earth be glad; let the sea roar, and all its fullness; let the field be joyful, and all that is in it. Then all the trees of the woods will rejoice before the LORD. For He is coming, for He is coming to judge the earth. He shall judge the world with righteousness, and the peoples with His truth.

#### PSALM 100. A SONG OF PRAISE FROM GOD'S PEOPLE

Make a joyful shout to the LORD, all you lands! Serve the LORD with gladness; come before His presence with singing. Know that the LORD, He is God; it is He who has made us, and not we ourselves; we are His people and the sheep of His pasture. Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name. For the LORD is good; His mercy is everlasting, and His truth endures to all generations.



### **PSALM 103. PRAISE FOR THE LORD'S MERCIES**

Bless the LORD, O my soul; and all that is within me, bless His holy name! Bless the LORD, O my soul, and forget not all His benefits: who forgives all your iniquities, who heals all your diseases, who redeems your life from destruction, who crowns you with lovingkindness and tender mercies, who satisfies your mouth with good things, so that your youth is

renewed like the eagle's. The LORD executes righteousness and justice for all who are oppressed. He made known His ways to Moses, His acts to the children of Israel. The LORD is merciful and gracious, slow to anger, and abounding in mercy. He will not always strive with us, nor will He keep His anger forever. He has not dealt with us according to our sins. nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him: as far as the east is from the west, so far has He removed our transgressions from us. As a father pities his children, so the LORD pities those who fear Him. For He knows our frame: He remembers that we are dust. As for man, his days are like grass; as a flower of the field, so he flourishes. For the wind passes over it, and it is gone, and its place remembers it no more. But the mercy of the LORD is from everlasting to everlasting on those who fear Him, and His righteousness to children's children, to such as keep His covenant, and to those who remember His commandments to do them. The LORD has established His throne in heaven. and His kingdom rules over all. Bless the LORD, you His angels, who excel in strength, who do His word, heeding the voice of His word. Bless the LORD, all you His hosts, you ministers of His, who do His pleasure. Bless the LORD, all His works, in all places of His dominion. Bless the LORD, O my soul!

### PSALM 107. GOD'S PEOPLE SHOULD PRAISE HIM FOR ALL HE HAS DONE FOR THEM

Oh, give thanks to the LORD, for He is good! For His mercy endures forever. Let the redeemed of the LORD say so, whom He has redeemed from the hand of the enemy, and gathered out of the lands, from the east and from the west,

from the north and from the south. They wandered in the wilderness in a desolate way; they found no city to dwell in. Hungry and thirsty, their soul fainted in them. Then they cried out to the LORD in their trouble, and He delivered them out of their distresses. And He led them forth by the right way, that they might go to a city for a dwelling place. Oh, that men would give thanks to the LORD for His goodness, and for His wonderful works to the children of men! For He satisfies the longing soul, and fills the hungry soul with goodness. Those who sat in darkness and in the shadow of death, bound in affliction and irons—because they rebelled against the words of God, and despised the counsel of the Most High, therefore He brought down their heart with labor; they fell down, and there was none to help. Then they cried out to the LORD in their trouble, and He saved them out of their distresses. He brought them out of darkness and the shadow of death, and broke their chains in pieces. Oh, that men would give thanks to the LORD for His goodness, and for His wonderful works to the children of men! For He has broken the gates of bronze, and cut the bars of iron in two. Fools, because of their transgression, and because of their iniquities, were afflicted. Their soul abhorred all manner of food, and they drew near to the gates of death. Then they cried out to the LORD in their trouble, and He saved them out of their distresses. He sent His word and healed them, and delivered them from their destructions. Oh, that men would give thanks to the LORD for His goodness, and for His wonderful works to the children of men!

Let them sacrifice the sacrifices of thanksgiving, and declare His works with rejoicing. Those who go down to the sea in ships, who do business on great waters, they see the works of the LORD, and His wonders in the deep. For He



commands and raises the stormy wind, which lifts up the waves of the sea. They mount up to the heavens, they go down again to the depths; their soul melts because of trouble. They reel to and fro, and stagger like a drunken man, and are at their wits' end. Then they cry out to the LORD in their trouble, and He brings them out of their distresses. He calms the storm, so that its waves are still. Then they are glad because they are guiet; so He guides them to their desired haven. Oh, that men would give thanks to the LORD for His goodness, and for His wonderful works to the children of men! Let them exalt Him also in the assembly of the people, and praise Him in the company of the elders. He turns rivers into a wilderness, and the watersprings into dry ground; a fruitful land into barrenness, for the wickedness of those who dwell in it. He turns a wilderness into pools of water, and dry land into watersprings. There He makes the hungry dwell, that they may establish a city for a dwelling place, and sow fields and plant vineyards, that they may yield a fruitful harvest. He also blesses them, and they multiply greatly; and He does not let their cattle decrease. When they are diminished and brought low through oppression, affliction, and sorrow, He pours contempt on princes, and causes them to wander in the wilderness where there is no way; yet He sets the poor on high, far from affliction, and makes their families like a flock. The righteous see it and rejoice, and all iniquity stops its mouth. Whoever is wise will observe these things, and they will understand the lovingkindness of the Lord.

"I will praise Your name, O LORD, for it is good."

-Psalm 54:6b

# PSALM 112. PEACE AND SAFETY OF THE MAN WHO FEARS GOD

Praise the LORD! Blessed is the man who fears the LORD. who delights greatly in His commandments. His descendants will be mighty on earth; the generation of the upright will be blessed. Wealth and riches will be in his house, and his righteousness endures forever. Unto the upright there arises light in the darkness; he is gracious, and full of compassion, and righteous. A good man deals graciously and lends; he will guide his affairs with discretion. Surely he will never be shaken; the righteous will be in everlasting remembrance. He will not be afraid of evil tidings; his heart is steadfast, trusting in the LORD. His heart is established; he will not be afraid, until he sees his desire upon his enemies. He has dispersed abroad, he has given to the poor; his righteousness endures forever; his horn will be exalted with honor. The wicked will see it and be grieved; he will gnash his teeth and melt away; the desire of the wicked shall perish.

#### **SAFETY IS OF THE LORD**

"The horse is prepared for the day of battle, but deliverance is of the LORD."

—Proverbs 21:31

"The name of the LORD is a strong tower; the righteous run to it and are safe."

—Proverbs 18:10

"The fear of man brings a snare, but whoever trusts in the LORD shall be safe."

—Proverbs 29:25

# PSALM 115. THE TRUE GOD LIVES IN THE HEAVENS BUT IDOLS ARE POWERLESS AND CANNOT HELP

Not unto us. O LORD, not unto us, but to Your name give glory, because of Your mercy, because of Your truth. Why should the Gentiles say, "So where is their God?" But our God is in heaven: He does whatever He pleases. Their idols are silver and gold, the work of men's hands. They have mouths, but they do not speak; eyes they have, but they do not see: they have ears, but they do not hear: noses they have, but they do not smell; they have hands, but they do not handle; feet they have, but they do not walk; nor do they mutter through their throat. Those who make them are like them; so is everyone who trusts in them. O Israel, trust in the LORD; He is their help and their shield. O house of Aaron, trust in the LORD; He is their help and their shield. You who fear the LORD, trust in the LORD; He is their help and their shield. The LORD has been mindful of us; He will bless us; He will bless the house of Israel; He will bless the house of Aaron. He will bless those who fear the LORD, both small and great. May the LORD give you increase more and more, you and your children. May you be blessed by the LORD, who made heaven and earth. The heaven, even the

heavens, are the LORD's; but the earth He has given to the children of men. The dead do not praise the LORD, nor any who go down into silence. But we will bless the LORD from this time forth and forevermore. Praise the LORD!

#### **SOMETHING TO REMEMBER**

All that fear the Lord, both small and great, will be blessed of the Lord.

"You shall have no other gods before Me. You shall not make for yourself a carved image—any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth; you shall not bow down to them nor serve them. For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me, but showing mercy to thousands, to those who love Me and keep My commandments."

—Exodus 20:3-6

# PSALM 116. THANKSGIVING TO GOD FOR DELIVERANCE FROM DANGER

I love the LORD, because He has heard my voice and my supplications. Because He has inclined His ear to me, therefore I will call upon Him as long as I live. The pains of death surrounded me, and the pangs of Sheol laid hold of me; I found trouble and sorrow. Then I called upon the name of the LORD: "O LORD, I implore You, deliver my soul!" Gracious is the LORD, and righteous; yes, our God is merciful. The LORD preserves the simple; I was brought low, and He saved me. Return to your rest, O my soul, for the LORD has dealt bountifully with you. For You have delivered my soul from death, my eyes from tears, and my feet from falling. I will

walk before the LORD in the land of the living. I believed, therefore I spoke, "I am greatly afflicted." I said in my haste, "All men are liars." What shall I render to the LORD for all His benefits toward me? I will take up the cup of salvation, and call upon the name of the LORD. I will pay my vows to the LORD now in the presence of all His people. Precious in the sight of the LORD is the death of His saints. O LORD, truly I am Your servant; I am Your servant, the son of Your maid-servant; You have loosed my bonds. I will offer to You the sacrifice of thanksgiving, and will call upon the name of the LORD. I will pay my vows to the LORD now in the presence of all His people, in the courts of the LORD!

#### **SOMETHING TO REMEMBER**

We shall not always be able to escape death for there is a time appointed unto man to die. Hebrews 9:27 says: "...it is appointed for men to die once, but after this the judgment." The main thing in life is to be ready to meet the Lord when it is our time to die. We must keep our hearts right in God's sight and live careful, prayerful, holy lives every day. Only then can we keep ready for Him to come. The Lord tells us in the Psalm above that the death of His saints is precious in His sight. Also God's Word tells us in Ezekiel 33:11 that He has no pleasure in the death of the wicked. Why? The Bible says in 2 Peter 3:9 that He is "...not willing that any should perish but that all should come to repentance."

"...As I live, says the Lord God, I have no pleasure in the death of the wicked, but that the wicked turn from his way and live. Turn, turn from your evil ways! For why should you die...?"

—Ezekiel 33:11

#### **PSALM 117. ALL NATIONS SHOULD PRAISE GOD**

Praise the LORD, all you Gentiles! Laud Him, all you peoples! For His merciful kindness is great toward us, and the truth of the LORD endures forever. Praise the LORD!

### **PSALM 119. EXCELLENCE OF THE WORD OF GOD**

[Part 1: verses 1-8]

Blessed are the undefiled in the way, who walk in the law of the LORD! Blessed are those who keep His testimonies, who seek Him with the whole heart! They also do no iniquity; they walk in His ways.

You have commanded us to keep Your precepts diligently. Oh, that my ways were directed to keep Your statutes! Then I would not be ashamed, when I look into all Your commandments. I will praise You with uprightness of heart, when I learn Your righteous judgments. I will keep Your statutes; oh, do not forsake me utterly!

#### [Part 2: verses 9-16]

How can a young man cleanse his way? By taking heed according to Your word. With my whole heart I have sought You; oh, let me not wander from Your commandments! Your word I have hidden in my heart, that I might not sin against You. Blessed are You, O LORD! Teach me Your statutes. With my lips I have declared all the judgments of Your mouth. I have rejoiced in the way of Your testimonies, as much as in all riches. I will meditate on Your precepts, and contemplate Your ways. I will delight myself in Your statutes; I will not forget Your word.

#### [Part 3: verses 17-24]

Deal bountifully with Your servant, that I may live and keep Your word. Open my eyes, that I may see wondrous things from Your law. I am a stranger in the earth; do not hide Your commandments from me. My soul breaks with longing for Your judgments at all times. You rebuke the proud—the cursed, who stray from Your commandments. Remove from me reproach and contempt, for I have kept Your testimonies. Princes also sit and speak against me, but Your servant meditates on Your statutes. Your testimonies also are my delight and my counselors.

#### [Part 4: verses 25-32]

My soul clings to the dust; revive me according to Your word. I have declared my ways, and You answered me; teach me Your statutes. Make me understand the way of Your precepts; so shall I meditate on Your wonderful works. My soul melts from heaviness; strengthen me according to Your word. Remove from me the way of lying, and grant me Your law graciously. I have chosen the way of truth; Your judgments I have laid before me. I cling to Your testimonies; O LORD, do not put me to shame! I will run the course of Your commandments, for You shall enlarge my heart.

#### [Part 5: verses 33-40]

Teach me, O LORD, the way of Your statutes, and I shall keep it to the end. Give me understanding, and I shall keep Your law; indeed, I shall observe it with my whole heart. Make me walk in the path of Your commandments, for I delight in it. Incline my heart to Your testimonies, and not to covetousness. Turn away my eyes from looking at worthless things, and revive me in Your way. Establish Your word to

Your servant, who is devoted to fearing You. Turn away my reproach which I dread, for Your judgments are good. Behold, I long for Your precepts; revive me in Your righteousness.

### [Part 6: verses 41-48]

Let Your mercies come also to me, O LORD—Your salvation according to Your word. So shall I have an answer for him who reproaches me, for I trust in Your word. And take not the word of truth utterly out of my mouth, for I have hoped in Your ordinances. So shall I keep Your law continually, forever and ever. And I will walk at liberty, for I seek Your precepts. I will speak of Your testimonies also before kings, and will not be ashamed. And I will delight myself in Your commandments, which I love. My hands also I will lift up to Your commandments, which I love, and I will meditate on Your statutes.

### [Part 7: verses 49-56]

Remember the word to Your servant, upon which You have caused me to hope. This is my comfort in my affliction, for Your word has given me life. The proud have me in great derision, yet I do not turn aside from Your law. I remembered Your judgments of old, O LORD, and have comforted myself. Indignation has taken hold of me because of the wicked, who forsake Your law. Your statutes have been my songs in the house of my pilgrimage. I remember Your name in the night, O LORD, and I keep Your law. This has become mine, because I kept Your precepts.

#### [Part 8: verses 57-64]

You are my portion, O LORD; I have said that I would keep Your words. I entreated Your favor with my whole heart; be merciful to me according to Your word. I thought about my

ways, and turned my feet to Your testimonies. I made haste, and did not delay to keep Your commandments. The cords of the wicked have bound me, but I have not forgotten Your law. At midnight I will rise to give thanks to You, because of Your righteous judgments. I am a companion of all who fear You, and of those who keep Your precepts. The earth, O LORD, is full of Your mercy; teach me Your statutes.

#### [Part 9: verses 65-72]

You have dealt well with Your servant, O LORD, according to Your word. Teach me good judgment and knowledge, for I believe Your commandments. Before I was afflicted I went astray, but now I keep Your word. You are good, and do good; teach me Your statutes. The proud have forged a lie against me, but I will keep Your precepts with my whole heart. Their heart is as fat as grease, but I delight in Your law. It is good for me that I have been afflicted, that I may learn Your statutes. The law of Your mouth is better to me than thousands of coins of gold and silver.

### [Part 10: verses 73-80]

Your hands have made me and fashioned me; give me understanding, that I may learn Your commandments. Those who fear You will be glad when they see me, because I have hoped in Your word. I know, O LORD, that Your judgments are right, and that in faithfulness You have afflicted me. Let, I pray, Your merciful kindness be for my comfort, according to Your word to Your servant. Let Your tender mercies come to me, that I may live; for Your law is my delight. Let the proud be ashamed, for they treated me wrongfully with falsehood; but I will meditate on Your precepts. Let those who fear You turn to me, those who know Your testimonies. Let my heart

be blameless regarding Your statutes, that I may not be ashamed.

#### [Part 11: verses 81-88]

My soul faints for Your salvation, but I hope in Your word. My eyes fail from searching Your word, saying, "When will You comfort me?" For I have become like a wineskin in smoke, yet I do not forget Your statutes. How many are the days of Your servant? When will You execute judgment on those who persecute me? The proud have dug pits for me, which is not according to Your law. All Your commandments are faithful; they persecute me wrongfully; help me! They almost made an end of me on earth, but I did not forsake Your precepts. Revive me according to Your lovingkindness, so that I may keep the testimony of Your mouth.

# [Part 12: verses 89-96]

Forever, O LORD, Your word is settled in heaven. Your faithfulness endures to all generations; You established the earth, and it abides. They continue this day according to Your ordinances, for all are Your servants. Unless Your law had been my delight, I would then have perished in my affliction. I will never forget Your precepts, for by them You have given me life. I am Yours, save me; for I have sought Your precepts. The wicked wait for me to destroy me, but I will consider Your testimonies. I have seen the consummation of all perfection, but Your commandment is exceedingly broad.

#### [Part 13: verses 97-104]

Oh, how I love Your law! It is my meditation all the day. You, through Your commandments, make me wiser than my enemies; for they are ever with me. I have more understanding than all my teachers, for Your testimonies are my

meditation. I understand more than the ancients, because I keep Your precepts. I have restrained my feet from every evil way, that I may keep Your word. I have not departed from Your judgments, for You Yourself have taught me. How sweet are Your words to my taste, sweeter than honey to my mouth! Through Your precepts I get understanding; therefore I hate every false way.

#### [Part 14: verses 105-112]

Your word is a lamp to my feet and a light to my path. I have sworn and confirmed that I will keep Your righteous judgments. I am afflicted very much; revive me, O LORD, according to Your word. Accept, I pray, the freewill offerings of my mouth, O LORD, and teach me Your judgments. My life is continually in my hand, yet I do not forget Your law. The wicked have laid a snare for me, yet I have not strayed from Your precepts. Your testimonies I have taken as a heritage forever, for they are the rejoicing of my heart. I have inclined my heart to perform Your statutes forever, to the very end.



#### [Part 15: verses 113-120]

I hate the double-minded, but I love Your law. You are my hiding place and my shield; I hope in Your word. Depart from me, you evildoers, for I will keep the commandments of my God! Uphold me according to Your word, that I may live; and do not let me be ashamed of my hope. Hold me up, and I shall be safe, and I shall observe Your statutes continually. You reject all those who stray from Your statutes, for their deceit is falsehood. You put away all the wicked of the earth like dross; therefore I love Your testimonies. My flesh trembles for fear of You, and I am afraid of Your judgments.

#### [Part 16: verses 121-128]

I have done justice and righteousness; do not leave me to my oppressors. Be surety for Your servant for good; do not let the proud oppress me. My eyes fail from seeking Your salvation and Your righteous word. Deal with Your servant according to Your mercy, and teach me Your statutes. I am Your servant; give me understanding, that I may know Your testimonies. It is time for You to act, O LORD, for they have regarded Your law as void. Therefore I love Your commandments more than gold, yes, than fine gold! Therefore all Your precepts concerning all things I consider to be right; I hate every false way.

#### [Part 17: verses 129-136]

Your testimonies are wonderful; therefore my soul keeps them. The entrance of Your words gives light; it gives understanding to the simple. I opened my mouth and panted, for I longed for Your commandments. Look upon me and be merciful to me, as Your custom is toward those who love Your name. Direct my steps by Your word, and let no iniquity have dominion over me. Redeem me from the oppression of

man, that I may keep Your precepts. Make Your face shine upon Your servant, and teach me Your statutes. Rivers of water run down from my eyes, because men do not keep Your law

### [Part 18: verses 137-144]

Righteous are You, O LORD, and upright are Your judgments. Your testimonies, which You have commanded, are righteous and very faithful. My zeal has consumed me, because my enemies have forgotten Your words. Your word is very pure; therefore Your servant loves it. I am small and despised, yet I do not forget Your precepts. Your righteousness is an everlasting righteousness, and Your law is truth. Trouble and anguish have overtaken me, yet Your commandments are my delights. The righteousness of Your testimonies is everlasting; give me understanding, and I shall live.

#### [Part 19: verses 145-152]

I cry out with my whole heart; hear me, O LORD! I will keep Your statutes. I cry out to You; save me, and I will keep Your testimonies. I rise before the dawning of the morning, and cry for help; I hope in Your word. My eyes are awake through the night watches, that I may meditate on Your word. Hear my voice according to Your lovingkindness; O LORD, revive me according to Your justice. They draw near who follow after wickedness; they are far from Your law. You are near, O LORD, and all Your commandments are truth. Concerning Your testimonies, I have known of old that You have founded them forever.

#### [Part 20: verses 153-160]

Consider my affliction and deliver me, for I do not forget Your law. Plead my cause and redeem me; revive me

according to Your word. Salvation is far from the wicked, for they do not seek Your statutes. Great are Your tender mercies, O LORD; revive me according to Your judgments. Many are my persecutors and my enemies, yet I do not turn from Your testimonies. I see the treacherous, and am disgusted, because they do not keep Your word. Consider how I love Your precepts; revive me, O LORD, according to Your loving-kindness. The entirety of Your word is truth, and every one of Your righteous judgments endures forever.

# [Part 21: verses 161-168]

Princes persecute me without a cause, but my heart stands in awe of Your word. I rejoice at Your word as one who finds great treasure. I hate and abhor lying, but I love Your law. Seven times a day I praise You, because of Your righteous judgments. Great peace have those who love Your law, and nothing causes them to stumble. LORD, I hope for Your salvation, and I do Your commandments. My soul keeps Your testimonies, and I love them exceedingly. I keep Your precepts and Your testimonies, for all my ways are before You.

# [Part 22: verses 169-176]

Let my cry come before You, O LORD; give me understanding according to Your word. Let my supplication come before You; deliver me according to Your word. My lips shall utter praise, for You teach me Your statutes. My tongue shall speak of Your word, for all Your commandments are righteousness. Let Your hand become my help, for I have chosen Your precepts. I long for Your salvation, O LORD, and Your law is my delight. Let my soul live, and it shall praise You; and let Your judgments help me. I have gone astray

like a lost sheep; seek Your servant, for I do not forget Your commandments.

# PSALM 121. A TRAVELER'S HYMN OF TRUST IN GOD

I will lift up my eyes to the hills—from whence comes my help? My help comes from the LORD, who made heaven and earth. He will not allow your foot to be moved; He who keeps you will not slumber. Behold, He who keeps Israel shall neither slumber nor sleep. The LORD is your keeper; the LORD is your shade at your right hand. The sun shall not strike you by day, nor the moon by night. The LORD shall preserve you from all evil; He shall preserve your soul. The LORD shall preserve your going out and your coming in from this time forth, and even forevermore.



#### **PSALM 127. A FAMILY SONG OF TRUST AND TOIL**

Unless the LORD builds the house, they labor in vain who build it; unless the LORD guards the city, the watchman stays

awake in vain. It is vain for you to rise up early, to sit up late, to eat the bread of sorrows; for so He gives His beloved sleep. Behold, children are a heritage from the LORD, the fruit of the womb is a reward. Like arrows in the hand of a warrior, so are the children of one's youth. Happy is the man who has his quiver full of them; they shall not be ashamed, but shall speak with their enemies in the gate.

# PSALM 128. BLESSING ON THE MAN WHO FEARS GOD

Blessed is every one who fears the LORD, who walks in His ways. When you eat the labor of your hands, you shall be happy, and it shall be well with you. Your wife shall be like a fruitful vine in the very heart of your house, your children like olive plants all around your table. Behold, thus shall the man be blessed who fears the LORD. The LORD bless you out of Zion, and may you see the good of Jerusalem all the days of your life. Yes, may you see your children's children. Peace be upon Israel!

### PSALM 139. A SONG OF REJOICING OVER GOD'S PERSONAL CARE

O LORD, You have searched me and known me. You know my sitting down and my rising up; You understand my thought afar off. You comprehend my path and my lying down, and are acquainted with all my ways. For there is not a word on my tongue, but behold, O LORD, You know it altogether. You have hedged me behind and before, and laid Your hand upon me. Such knowledge is too wonderful for me; it is high, I cannot attain it. Where can I go from Your Spirit? Or where can

I flee from Your presence? If I ascend into heaven, You are there: if I make my bed in hell, behold. You are there, If I take the wings of the morning, and dwell in the uttermost parts of the sea, even there Your hand shall lead me, and Your right hand shall hold me. If I say, "Surely the darkness shall fall on me," even the night shall be light about me; indeed, the darkness shall not hide from You, but the night shines as the day; the darkness and the light are both alike to You. For You formed my inward parts; You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well. My frame was not hidden from You, when I was made in secret, and skillfully wrought in the lowest parts of the earth. Your eyes saw my substance, being yet unformed. And in Your book they all were written, the days fashioned for me, when as yet there were none of them. How precious also are Your thoughts to me, O God! How great is the sum of them! If I should count them, they would be more in number than the sand; when I awake, I am still with You. Oh, that You would slay the wicked, O God! Depart from me, therefore, you bloodthirsty men. For they speak against You wickedly; Your enemies take Your name in vain. Do I not hate them, O LORD, who hate You? And do I not loathe those who rise up against You? I hate them with perfect hatred; I count them my enemies. Search me, O God, and know my heart; try me, and know my anxieties; and see if there is any wicked way in me, and lead me in the way everlasting.

# PSALM 141. A PRAYER TO BE KEPT FROM EVIL WORDS AND FROM WICKED WORKS

LORD, I cry out to You; make haste to me! Give ear to my voice when I cry out to You. Let my prayer be set before You

as incense, the lifting up of my hands as the evening sacrifice. Set a guard, O LORD, over my mouth; keep watch over the door of my lips. Do not incline my heart to any evil thing, to practice wicked works with men who work iniquity; and do not let me eat of their delicacies. Let the righteous strike me; it shall be a kindness. And let him rebuke me; it shall be as excellent oil; let my head not refuse it. For still my prayer is against the deeds of the wicked. Their judges are overthrown by the sides of the cliff, and they hear my words, for they are sweet. Our bones are scattered at the mouth of the grave, as when one plows and breaks up the earth. But my eyes are upon You, O God the Lord; in You I take refuge; do not leave my soul destitute. Keep me from the snares they have laid for me, and from the traps of the workers of iniquity. Let the wicked fall into their own nets, while I escape safely.

# PSALM 142. GOD IS A REFUGE IN TROUBLE, THOUGH MEN FAIL

I cry out to the LORD with my voice; with my voice to the LORD I make my supplication. I pour out my complaint before Him; I declare before Him my trouble. When my spirit was overwhelmed within me, then You knew my path. In the way in which I walk they have secretly set a snare for me. Look on my right hand and see, for there is no one who acknowledges me; refuge has failed me; no one cares for my soul. I cried out to You, O LORD: I said, "You are my refuge, my portion in the land of the living. Attend to my cry, for I am brought very low; deliver me from my persecutors, for they are stronger than I. Bring my soul out of prison, that I may praise Your name; the righteous shall surround me, for You shall deal bountifully with me."

# PSALM 145. A SONG OF PRAISE FOR THE LORD IS GREAT AND GOOD

I will extol You, my God, O King; and I will bless Your name forever and ever. Every day I will bless You, and I will praise Your name forever and ever. Great is the LORD, and greatly to be praised; and His greatness is unsearchable. One generation shall praise Your works to another, and shall declare Your mighty acts. I will meditate on the glorious splendor of Your majesty, and on Your wondrous works. Men shall speak of the might of Your awesome acts, and I will declare Your greatness. They shall utter the memory of Your great goodness, and shall sing of Your righteousness. The LORD is gracious and full of compassion, slow to anger and great in mercy. The LORD is good to all, and His tender mercies are over all His works. All Your works shall praise You. O LORD, and Your saints shall bless You. They shall speak of the glory of Your kingdom, and talk of Your power, to make known to the sons of men His mighty acts, and the glorious majesty of His kingdom. Your kingdom is an everlasting kingdom, and Your dominion endures throughout all generations. The LORD upholds all who fall, and raises up all who are bowed down. The eyes of all look expectantly to You, and You give them their food in due season. You open Your hand and satisfy the desire of every living thing. The LORD is righteous in all His ways, gracious in all His works. The LORD is near to all who call upon Him, to all who call upon Him in truth. He will fulfill the desire of those who fear Him: He also will hear their cry and save them. The LORD preserves all who love Him, but all the wicked He will destroy. My mouth shall speak the praise of the LORD, and all flesh shall bless His holy name forever and ever.

# PSALM 147. A SONG OF GOD'S POWER AND LOVINGKINDNESS

Praise the Lord! For it is good to sing praises to our God; for it is pleasant, and praise is beautiful. The Lord builds up Jerusalem; He gathers together the outcasts of Israel. He heals the brokenhearted and binds up their wounds. He counts the number of the stars; He calls them all by name. Great is our Lord, and mighty in power; His understanding is infinite. The Lord lifts up the humble; He casts the wicked down to the ground. Sing to the Lord with thanksgiving; sing praises on the harp to our God, who covers the heavens with clouds, who prepares rain for the earth, who makes grass to grow on the mountains. He gives to the beast its food, and to the young ravens that cry. He does not delight in the strength of the horse; He takes no pleasure in the legs of a man. The Lord takes pleasure in those who fear Him, in those who hope in His mercy. Praise the Lord.



your God, O Zion! For He has strengthened the bars of your gates; He has blessed your children within you. He makes peace in your borders, and fills you with the finest wheat. He sends out His command to the earth; His word runs very swiftly. He gives snow like wool; He scatters the frost like ashes; He casts out His hail like morsels; who can stand before His cold? He sends out His word and melts them; He causes His wind to blow, and the waters flow. He declares His word to Jacob, His statutes and His judgments to Israel. He has not dealt thus with any nation; and as for His judgments, they have not known them. Praise the LORD!

# PSALM 148. ALL NATURE AND ALL MEN SHOULD PRAISE GOD

Praise the LORD! Praise the LORD from the heavens: praise Him in the heights! Praise Him, all His angels; praise Him, all His hosts! Praise Him, sun and moon; praise Him, all you stars of light! Praise Him, you heavens of heavens, and you waters above the heavens! Let them praise the name of the LORD, for He commanded and they were created. He also established them forever and ever: He made a decree which shall not pass away. Praise the LORD from the earth. you great sea creatures and all the depths; fire and hail. snow and clouds: stormy wind, fulfilling His word: mountains and all hills: fruitful trees and all cedars: beasts and all cattle; creeping things and flying fowl; kings of the earth and all peoples; princes and all judges of the earth; both young men and maidens: old men and children. Let them praise the name of the LORD, for His name alone is exalted: His glory is above the earth and heaven. And He has exalted the horn of His people, the praise of all His saints—of the children of Israel, a people near to Him. Praise the LORD!

#### PSALM 150. EVERYTHING THAT HAS BREATH SHOULD PRAISE THE LORD

Praise the LORD! Praise God in His sanctuary; praise Him in His mighty firmament! Praise Him for His mighty acts; praise Him according to His excellent greatness! Praise Him with the sound of the trumpet; praise Him with the lute and harp! Praise Him with the timbrel and dance; praise Him with stringed instruments and flutes! Praise Him with loud cymbals; praise Him with clashing cymbals! Let everything that has breath praise the LORD. Praise the LORD!



#### GOD'S WAY OF SALVATION

#### MAN NEEDS A SAVIOR

For all have sinned and fall short of the glory of God.

-Romans 3:23

Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned.

—Romans 5:12

"Unless one is born of water and the Spirit, he cannot enter the kingdom of God."

—John 3:5b

#### GOD PROVIDES THE SAVIOR

For when we were still without strength, in due time Christ died for the ungodly. For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die. But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from wrath through Him. For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life. And not only that, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received the reconciliation.

—Romans 5:6-11

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved."

—John 3:16-17

#### • GOD SAYS WE MUST REPENT OR PERISH

"I tell you, no; but unless you repent you will all likewise perish."

—Luke 13:3

"Truly, these times of ignorance God overlooked, but now commands all men everywhere to repent."

—Acts 17:30

For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death.

—2 Corinthians 7:10

### • WE MUST BELIEVE UPON CHRIST TO BE SAVED

"He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God."

—John 3:18

"Believe on the Lord Jesus Christ, and you will be saved, you and your household." —Acts 16:31b

"He who hears My word and believes in Him who sent Me has everlasting life, and shall not come into judgment, but has passed from death into life."

—John 5:24b

Jesus said..."I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And whoever lives and believes in Me shall never die. Do you believe this?"

—John 11:25-26

"He who believes in the Son has everlasting life; and he who does not believe the Son shall not see life, but the wrath of God abides on him."

—John 3:36

But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.

—John 1:12

But these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

—John 20:31

#### CHRIST KNOCKS AT THE DOOR OF YOUR HEART

Jesus said: "Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me."

Revelation 3:20

"Christ in you, the hope of glory." Colossians 1:27b

"But as many as received Him, to them He gave the right to become children of God, to those who believe in His name."

John 1:12

"And you will seek Me and find Me, when you search for Me with all your heart." Jeremiah 29:13



# WITH CHRIST IN OUR HEARTS WE ARE SAFE WHEN THIS BODY OF OURS DIES.

If you have asked Jesus to forgive you of all your sins, and you do believe upon the Lord Jesus Christ as your Saviour, then write or print your name on the line below:

#### **HOW TO PRAY**

(continued from inside front cover)

- 3. Find a place to pray where you can be alone with God. "But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly" (Matthew 6:6).
- 4. Be sure your heart is in the right relationship with God. If you need a clean heart read Psalm 51 on page 32 and 33 in this booklet. God will help you to confess your sins to Him. He has promised to forgive our sins and to cleanse us from them if we confess our sins to Him. 1 John 1:9 says: "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."
- 5. Pray with FAITH, BELIEVING CHRIST. "...If you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you" (Matthew 17:20). "If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you" (John 15:7).
- 6. Obedience to God's will also brings answers to our prayers. "And whatever we ask we receive from Him, because we keep His commandments and do those things that are pleasing in His sight" (1 John 3:22). Read Matthew 5:44, Matthew 6:9-15, and Mark 11:22-26 for more on prayer.

Published in numerous languages by World Missionary Press, Inc., as God supplies funds in answer to prayer. For questions or more information by country, visit: www.wmp-contacts.org

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